



CALGARY *Kyokushin* KARATE



Dear Students and Families of Calgary Kyokushin Karate,

As the cold weather moves in, things continue to heat up with Calgary Kyokushin Karate! With everyone in their Gi's and gear, the dojo is looking truly spirited and ready to train. Please remember that Gi's and gear are available throughout the year. Please also remember NOT to wash your belts. To wash the belt means you are washing the "spirit" out of it. So please do not wash.

As many of you know in October we had our annual Friendship Tournament. Congratulations to all the participants that entered into the tournament this year. For many of you it was your first time in the ring and you all did an exceptional job. GREAT WORK!! Stay tuned for photos and full report on our website!

Next, on November 5th we will be having our 5th annual Pub night at the Boomtown Pub (must be 18 or older). Many of you have already purchased tickets for this always-fun event. If you would like to join us please contact Richard Gibson (Richard.Gibson@shaw.ca) to purchase tickets. Tickets will also be sold in class over the next few days. This is a great way to meet other parents in our club or for you and some of your friends to just come out and have a great night while still supporting our efforts to raise money for the 2017 Calgary Cup Championships on March 18th 2017. It's a great night of dancing and fun. We hope you can make it!!!

On November 19th The Edmonton Cup will be taking place. This will be the first IKOK-C tournament of the 2016 - 2017 Alberta tournament challenge. The Alberta tournament challenge is a challenge out to all members to attend four specific tournaments held in Alberta in the tournament season. The tournaments are the: Edmonton Cup (November 19th, 2016), Banff Tournament (January 21, 2017 TBC), Calgary Cup (March 18, 2017), and the Alberta Open (Edmonton – April 2017) Those who complete the Alberta tournament challenge will receive a special plaque at the year end wrap up party. If you would like information or would like to register for any of these tournaments please go to Kyokushincalgary.ca and click on the corresponding tournament poster.

Next, many of you have been asking about the Calgary Kyokushin Karate Team jackets that you see our members wearing. Because of the interest we will be placing another order in the next few weeks. If you would like to order a jacket please let us know and we will get you sized up. Cost is \$75 and includes your name on the sleeve if you wish. **All orders and payment must be received by November 19th.**

Finally, it's time to start studying for grading! Children's Grading registrations (for JR Kyu and below) and payments will be due by November 29th – watch for the grading registration email this week. If you do not have a copy of the children's grading syllabus please contact us so we can get you another copy. Grading for Orange belts & Above will take place in January 2017.

Grading for children in the family classes will take place in class from December 3rd - December 8th (children in family classes for JR Kyu & Below).

Children in the Advanced children's classes grading for JR Kyu & below will grade during there class time on December 5th and December 8th. Children in the Saturday Advanced class Grading for JR Kyu & Below will grade in the Family class on December 3rd 9:00 am - 10:00am.

The Advanced Children's class and Adult's class will also be combined on December 3rd and will train from 10:00 - 11:00 am.

As always thank you for your support!

Osu!

Brad Gillespie
Chief Instructor

NOVEMBER 2016	
November 1 st 7:00 pm – 8:45 pm	Instructor and Advanced belt training (Green belt and above) – Kata class cancelled
November 5 th	Adult Pub night (Boomtown Pub)
November 19 th	Jacket ordering deadline
November 19 th	Edmonton Cup
November 29 th	Grading Registrations Due For children grading for JR Kyu and below
UPCOMING EVENTS	
December 3 rd	Advanced and Adult train together from 10:00 am – 11:00 am
Dec 3 rd – Dec 8 th	Family Class (Children – Grading – for JR Kyu & Below) (All Locations – in class)
December 4 th	Vancouver Cup
December 12 th	Christmas Party/Talent Contest
December 17 th	Calgary Team Tournament
December 19 th	Last day of classes
January 3 rd	Classes Resume
January	Grading for Orange Belt & Above

Contact Information
(403) 669-3516
www.kyokushincalgary.ca



Enter the world of Kyokushin karate and you'll experience a world of challenge for your mind, body and spirit.

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